



WHAT IS CLAIMED:

1. A forearm mountable camera support comprising, a bracket made of rigid unitary construction such as steel or hard plastic or the like for supporting a video camera. The said bracket having multiple holes for securing a video camera and a camera. A slotted hole for stabilizing strap for securing the bracket to the arm/wrist band and providing vertical adjustment, and multiple holes for supporting the bracket to the arm/wrist band. The arm/wrist band is made of leather or other suitable, flexible, non stretchable material.
2. A forearm mountable camera support set forth in claim 1, wherein arm/wrist band comprises straps having Velcro connecting means at their ends.
3. A forearm mountable camera support set for the in claim 1, wherein:
Said arm/wrist band comprises, clips formed with two slots one end of said strap wraps around a Persons forearm and extends through on of said slots and is folded back on itself and secured to another velcro connecting means
4. A forearm mountable camera support set forth in claim 1 wherein said arm/wrist band comprises a finger hole for receiving the four fingers of the user when the band is placed on and encircles the wrist and forearm of the user.
5. A forearm mountable camera support set forth in claim 1 wherein said bracket includes a stabilizing strap which contains Velcro connector at its end. The stabilizing strap is wrapped over the top of the video camera and users arm and fastened to a securing means for stabilizing support.